

COMMUNITY RESOURCES

Resource	Description	Ages/Target Student	Contact Information
Addictions Hotline of NJ	<ul style="list-style-type: none"> ● Substance abuse treatment 	<ul style="list-style-type: none"> ● All ages 	<ul style="list-style-type: none"> ● Website: https://www.nj.gov/humanservices/dmhas/home/hotlines/ ● Phone: 1-800-238-2333
Big Brother Big Sisters	<ul style="list-style-type: none"> ● 1:1 positive mentoring relationships with a caring adult ● <i>No cost to the parent</i> 	<ul style="list-style-type: none"> ● All ages 	<ul style="list-style-type: none"> ● Website: https://mentornj.org/ ● Phone: 732-544-2224
B-Men Mentoring	<ul style="list-style-type: none"> ● 8 Week program aimed towards educating and creating positive influences ● Meetings are held biweekly on Tuesdays and Thursdays 6p.m-8p.m. ● <i>No cost to the parent</i> 	<ul style="list-style-type: none"> ● 17 and up (Male only) 	<ul style="list-style-type: none"> ● Vida Church, Perth Amboy ● Phone 732-646-4255, 732-362-1897
BYOutiful Mentoring	<ul style="list-style-type: none"> ● 8-week program aimed towards educating and creating positive influences ● Meetings are held biweekly on Tuesdays and Thursdays 6p.m-8p.m. ● <i>No cost to the parent</i> 	<ul style="list-style-type: none"> ● 14 and up (Female only) 	<ul style="list-style-type: none"> ● Vida Church, Perth Amboy ● Phone 732-646-4255, 732-362-1897
Carrier Clinic	<ul style="list-style-type: none"> ● Intensive psychiatric inpatient services and dual diagnosis program (psychiatric and substance abuse) ● 3-10 days stay ● Cost is based on family income ● <i>Medicaid Accepted</i> 	<ul style="list-style-type: none"> ● Ages 13 & up 	<ul style="list-style-type: none"> ● Website: https://carrierclinic.org/ ● 24 hr/7days phone line: 1-800-933-3579
Catholic Charities	<ul style="list-style-type: none"> ● Child care, counseling, immigration services, maternity services, shelters and out of home placements, youth Services ● <i>No cost to parents</i> 	<ul style="list-style-type: none"> ● All ages 	<ul style="list-style-type: none"> ● Website: https://ccdom.org/ ● Phone: 732-324-8200
Clarity Treatment Services	<ul style="list-style-type: none"> ● Adolescent substance abuse 	<ul style="list-style-type: none"> ● All Ages 	<ul style="list-style-type: none"> ● Website: http://www.claritytreatmentservices.com/ ● Phone 732-442-3535

	<ul style="list-style-type: none"> ● Treatment provided in English and Spanish ● Cost is based on family income ● <i>Medicaid accepted</i> 		
DCF: Children's System of Care	<ul style="list-style-type: none"> ● Behavioral health services: <ul style="list-style-type: none"> ● 1-877-652-7624 ● Substance abuse <ul style="list-style-type: none"> ● 1-877- 652-7624 ● Developmental disabilities family support services 	<ul style="list-style-type: none"> ● Generally students under the age of 21 	<ul style="list-style-type: none"> ● Website: https://www.nj.gov/dcf/about/divisions/dcsc/
Domestic Violence Hotline	<ul style="list-style-type: none"> ● Emergency services for victims of domestic violence 	<ul style="list-style-type: none"> ● All ages 	<ul style="list-style-type: none"> ● Website: https://www.nj.gov/dcf/women/hotlines/ ● Phone: 1-800-572-SAFE
For KEEPS	<ul style="list-style-type: none"> ● Acute partial-hospitalization short-term program for children who suffer from emotional and behavioral difficulties ● Transportation provided ● <i>Medicaid accepted</i> 	<ul style="list-style-type: none"> ● Ages 5-17 	<ul style="list-style-type: none"> ● Website: https://www.saintpetershcs.com/Services/For-KEEPS-Program ● 732-565-5494
George Otlowski, Sr. Center for Mental Health Care(RBMHC)	<ul style="list-style-type: none"> ● Counseling services ● Psycho-ed group for parents ● Medicaid accepted ● <i>Cost is based on family income</i> 	<ul style="list-style-type: none"> ● Ages 6 to 17 	<ul style="list-style-type: none"> ● Website: http://www.middlesexcountynj.gov/Government/Departments/CS/Pages/GOCMH/George-J.-Otlowski,-Sr.-Center-for-Mental-Health-Care.aspx ● Phone 732-442-1666
Innerspace Counseling	<ul style="list-style-type: none"> ● Partial-hospitalization program ● Intensive outpatient program ● <i>Cost is based on family income</i> ● <i>Medicaid Accepted</i> 	<ul style="list-style-type: none"> ● Ages 12-18 (Monday through Friday 8a.m. to 2p.m.) ● Ages 8-12 Mon, Wed, Thur 4p.m. - 6p.m. 	<ul style="list-style-type: none"> ● Website: https://www.innerspacecounseling.com/ ● Phone: 732-332-8270

Jewish Renaissance Medical Center	<ul style="list-style-type: none"> • Medical services including but not limited to: pediatrics and adult medicine, behavioral and mental health, dental, nutrition, lab and pharmacy services • <i>Cost is based on family income</i> 	• All ages	<ul style="list-style-type: none"> • Website: https://jrmc.us/ • Phone: 732-376-9333
JFK Behavioral Health	<ul style="list-style-type: none"> • Comprehensive outpatient services for individuals suffering from substance, mental or health problems • <i>Medicaid accepted</i> 	• All ages	<ul style="list-style-type: none"> • Website: https://www.jfkmc.org/ • Phone 732- 321-7189
Middlesex Resource Network	<ul style="list-style-type: none"> • Serves children and teens and their families with disabilities to support academic achievement, healthy lifestyle and self-advocacy 	• All ages	<ul style="list-style-type: none"> • Website: http://www.middlesexresourcenet.org/search/alianza/ • Phone: (732) 425-5535
Mobile Crisis	<ul style="list-style-type: none"> • On call de-escalation service for children and youth experiencing behavioral or crises in the home 		<ul style="list-style-type: none"> • Website: https://www.nj.gov/dcf/families/csc/mobile/ • Phone (24 hours/day, 7 days/week): 1-877-652-7624
NJ 2-1-1	<ul style="list-style-type: none"> • Housing and financial assistance, utility assistance, special needs registry, transportation services for children through elderly in partnership with United Way 	• All ages	<ul style="list-style-type: none"> • Website: nj211.org, 24 hours a day/7 days per week • Spanish speaking providers
NJ Mental Health Cares	<ul style="list-style-type: none"> • Confidential mental health information and referral 	• All Ages	<ul style="list-style-type: none"> • Website: https://www.njmentalhealthcares.org/ • Phone: 1-866-202-HELP
NJ Hopeline	<ul style="list-style-type: none"> • Peer support • Suicide Prevention Hotline 	• All ages	<ul style="list-style-type: none"> • Website: http://www.njhopeline.com/ • Available 24 hours/7 days a week • Phone: 1-855-654-6735

National Suicide Prevention lifeline	<ul style="list-style-type: none"> ● Connects individuals to skilled, trained counselors at a CRISIS center in the area 	●All ages	<ul style="list-style-type: none"> ● Phone: 1-800-273-TALK
Passion Care Center	<ul style="list-style-type: none"> ● Substance Abuse ● Behavioral Health Services ● <i>Cost is based on family income</i> ● <i>Medicaid Accepted</i> 		<ul style="list-style-type: none"> ● Email: info@thepassioncarecenter.com ● Website: https://www.thepassioncarecenter.com/ ● Phone: 732-410-7102
Peer Recovery Warmline	<ul style="list-style-type: none"> ● Mental health support ● Information and referral from trained consumers 	●All ages	<ul style="list-style-type: none"> ● Website: https://www.mhanj.org/our-call-lines/ ● Phone: 1-877-292-5588
Perform Care	<ul style="list-style-type: none"> ● Counseling ● Support for Children with Behavioral disabilities ● Substance abuse ● <i>No cost to the parent</i> 	●Children living at home under the age of 21	<ul style="list-style-type: none"> ● Website: https://www.performcarenj.org/index.aspx ● Phone (24 hours/day, 7 days/week): 1-877-652-7624
Princeton House	<ul style="list-style-type: none"> ● Partial-hospitalization program ● Intensive outpatient program after school ● Transportation provided ● <i>Medicaid accepted</i> 	●Ages 5 and up	<ul style="list-style-type: none"> ● Website: https://www.princetonhcs.org/care-services/princeton-house-behavioral-health ● Phone: 1-800-242-2550, 732-729-3636
Raritan Bay Crisis Hotline	<ul style="list-style-type: none"> ● Connects individuals to mental health counselor suffering from serious mental health problems 	●All ages	<ul style="list-style-type: none"> ● Phone: 732-442-3794
Rutgers Behavioral Health Center	<ul style="list-style-type: none"> ● Crisis evaluation ● Crisis treatment ● Adolescent partial-hospitalization program for youths experiencing moderate to severe emotional problems ● <i>Medicaid accepted</i> 	●Ages 12-17	<ul style="list-style-type: none"> ● Website: https://ubhc.rutgers.edu/ ● 671 Hoes Lane, Piscataway ● Phone: 1-877-652-7624, 732-235-5500, 732-235-5705
Stress Care	<ul style="list-style-type: none"> ● Medication management and therapy ● <i>Medicaid accepted</i> 	●All ages	<ul style="list-style-type: none"> ● Website: https://www.stresscareclinic.com/ ● Phone 732-679-4500

Summit Oaks	<ul style="list-style-type: none"> ● Inpatient child and adolescent ● Need primary diagnosis or can have dual diagnosis ● <i>Medicaid accepted</i> 	●Ages 5-17	<ul style="list-style-type: none"> ● Website: ● https://summitoakshospital.com/ ● Phone: 908-522-7071
Traumatic Loss Coalition	<ul style="list-style-type: none"> ● New Jersey's primary youth suicide prevention program 	●All ages	<ul style="list-style-type: none"> ● Website: https://ubhc.rutgers.edu/education/trauma-loss-coalition/overview.xml ● Phone: 609-915-0684
Women Aware Hotline	<ul style="list-style-type: none"> ● Services for battered women and their children ● <i>No cost to the parent</i> 	●All ages	<ul style="list-style-type: none"> ● Phone: 732-249-4504
YMCA Families Fit Together	<ul style="list-style-type: none"> ● Counseling for middle and high school students ● Case Management ● Mentoring ● <i>No cost to the parent</i> 	●Middle and High School Students	<ul style="list-style-type: none"> ● Website: https://www.rbaymca.org/programs/families-fit-together-program/ ● Phone 732-442-3632
2nd Floor Youth Helpline	<ul style="list-style-type: none"> ● Servicing all youth and young adults in NJ with daily life challenges 	●All ages	<ul style="list-style-type: none"> ● Website: https://www.2ndfloor.org/ ● Phone: 1-888-222-2228